

MARCELLA CENTER #56046 (HSG)
 Week-At-A-Glance

hcsq2northern2022-23 Week 1

Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Apple Cinnamon Muffin	French Toast Bacon	Scrambled Eggs Ginger Pear Coffee Cake	Scrambled Eggs w/Cheese Biscuit	Buttermilk Pancakes Sausage Patty	Western Scrambled Eggs Toast	Scrambled Eggs Breakfast Ham English Muffin
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Country Fried Steak w/Mushroom Gravy Honey Roasted Carrots Mashed Potatoes Cornbread Honey Glazed Peas	Kielbasa Sausage Capri Vegetable Blend Brown Sugar Baked Beans Dinner Roll/Bread Carrot Cake w/Cream Cheese Frosting	Baked Macaroni & Cheese Stewed Tomatoes Rosemary Dinner Roll Fruit Cocktail Marinated Chicken Thigh Green Beans Mashed Potatoes	Apple Glazed Sliced Ham Sautéed Spinach Candied Sweet Potatoes Dinner Roll/Bread Banana Pudding Parfait	Rotisserie Chicken Broccoli Florets Cheesy Mashed Potatoes Dinner Roll/Bread Banana Pudding Parfait	Shrimp Alfredo w/ Roasted Green Beans Italian Herbed Dinner Roll Tropical Fruit Salad	Grilled Turkey & Swiss Cheese Sandwich on Wheat Creamy Cucumber & Onion Salad French Fries Vanilla Ice Cream
Garlic Baked Pork Chop Seasoned Beets Buttered Noodles	Thin Crust Cheese Pizza Tossed Salad w/Dressing		Herbed Chicken Breast Country Vegetable Blend Parsley Noodles	Glazed Baked Pork Chop Braised Cabbage Noodles Jefferson	Smothered Steak Sliced Carrots Mashed Potatoes	Meatballs w/Gravy Green Peas Egg Noodles Dinner Roll/Bread
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Maple Dijon Chicken Breast Roasted Brussels Sprouts Sage Bread Dressing Dinner Roll/Bread Cinnamon Brown Sugar Blondie	Cornflake Crusted Tilapia Fillet Buttered Green Peas Potato Wedges Dinner Roll/Bread Chilled Peach Parfait	Chicken Salad Sandwich Broccoli Salad Potato Chips Hearty Vegetable Soup Chocolate Chip Cookie	Lasagna w/Meatsauce Balsamic & Parmesan Roasted Cauliflower Garlic Bread Scalloped Apples	Sweet & Sour Meatballs Capri Vegetable Blend Steamed Rice Dinner Roll/Bread Mandarin Oranges	Savory Pork Roast. Harvard Beets Au Gratin Potatoes Dinner Roll/Bread Peanut Butter Brownie	Cheese Ravioli w/Marinara Sauce Sautéed Spinach w/Garlic Garlic Bread Peach Crisp
Smothered Turkey Patty Seasoned Green Beans Rice Pilaf	Salisbury Steak Whole Kernel Corn (veg) Parsley Rice	Hamburger on a Bun Confetti Coleslaw Buttered Noodles	Lemon Butter Baked Tilapia Fillet Green Peas Oven Browned Potatoes	Mushroom & Cheese Quiche Brussels Sprouts	Cheese Quesadilla Whole Kernel Corn (veg) Parsley Rice	Breaded Chicken on a Bun Broccoli Florets Potato Wedges

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Regular		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Baked Cheese Omelet Toast	Apple Cinnamon French Toast Bake Bacon	Scrambled Eggs w/Cheese Toast	Biscuit Hashbrown	Scrambled Eggs Glazed Cinnamon Roll	Egg & Cheese Bake Toast	Buttermilk Pancakes Breakfast Ham	
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Rosemary Roast Beef Au Jus Sliced Parsley Carrots Baked Potato Dinner Roll/Bread Harvest Baked Apples	Dijon Pork Loin Capri Vegetable Blend Rice Pilaf Dinner Roll/Bread Citrus Glazed Angel Food Cake Hamburger Steak w/Grilled Onions Braised Cabbage Oven Browned Potatoes	Chicken Soft Taco w/Flour Tortilla Mexican Corn (veg) Green Chili Rice Sliced Peas Rancher's Pork Chop Sliced Carrots Garlic Potato Wedges Dinner Roll/Bread	Homestyle Meatloaf w/Ketchup Glaze Seasoned Green Peas Au Gratin Potatoes Dinner Roll/Bread Pumpkin Cheesecake Bar Lemon Butter Baked Tilapia Fillet Sauteed Spinach Herbed Rice	Smothered Chicken Thigh Roasted Brussels Sprouts Sweet Potato Souffle Cornbread Caramel Apple Upside Down Cake Smothered Steak Whole Kernel Corn (veg) Buttered Noodles	Lemon Dill Tilapia Fillet Broccoli Florets Roasted Red Skin Potatoes Dinner Roll/Bread Pineapple Tidbits Rosemary Chicken Breast Green Peas Seasoned Rice	BBQ Pork on a Bun Country Vegetable Blend Baked Beans Butterscotch Pudding Parfait Vegetable Quiche Tossed Salad w/Dressing Dinner Roll/Bread	
Smothered Turkey Patty Brussels Sprouts Buttered Rice							
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken Tenders Roasted Green Beans Macaroni & Cheese Herbed Dinner Roll Oatmeal Raisin Cookie	Breaded Fish on a Bun Broccoli Florets Tater Tots Deluxe Fruit Salad Rotisserie Chicken Thigh Green Peas Buttered Noodles Dinner Roll/Bread	Classic Baked Ziti Parmesan & Herb Roasted Cauliflower Italian Herbed Dinner Roll Double Chocolate Brownie Meatballs w/Gravy Tossed Salad w/Dressing Mashed Potatoes	Italian Sausage Sub w/Pepper & Onion Capri Vegetable Blend French Fries Tropical Fruit Salad Breaded Chicken on a Bun Broccoli Florets Buttered Rice	Thin Crust Cheese Pizza Garlic Green Beans Dinner Roll/Bread Chilled Peaches Parsley Pork Chop Roasted Beets Parmesan Noodles	Chicken Parmesan w/ Tossed Salad w/Dressing Garlic Bread Chocolate Ice Cream Ham Sandwich Marinated Mixed Vegetable Salad Potato Chips	Salisbury Steak Creamed Spinach Mashed Potatoes Dinner Roll/Bread Fruit Cocktail Smothered Turkey Patty Winter Vegetable Blend Herbed Rice	
BBQ Pork Chop Whole Kernel Corn (veg) Mashed Potatoes							

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Regular		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Apple Cinnamon Muffin	French Toast Bacon	Scrambled Eggs w/Cheese Biscuit	Western Scrambled Eggs Toast	Buttermilk Pancakes Sausage Patty	Scrambled Eggs English Muffin	Scrambled Eggs Breakfast Ham Toast	
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Hawaiian Baked Ham Brussels Sprouts Whipped Sweet Potatoes Dinner Roll/Bread Pineapple Upside Down Cake Lemon Pepper Chicken Breast Buttered Whole Kernel Corn (veg) Parmesan Noodles	Chicken Pot Pie w/ Tossed Salad w/Dressing Deluxe Fruit Salad Meatballs w/Gravy Broccoli Florets Mashed Potatoes Biscuit	Swedish Meatballs Harvard Beets Egg Noodles Rosemary Dinner Roll Spiced Peaches Smothered Turkey Patty Capri Vegetable Blend Buttered Rice	Open-Faced Roast Pork Sandwich Herbed Green Beans Mashed Potatoes Lemon Cake w/Lemon Icing Salisbury Steak Brussels Sprouts Buttered Noodles Dinner Roll/Bread	Crispy Baked Chicken Sauteed Spinach Macaroni & Cheese Dinner Roll/Bread Pumpkin Pie Cheese Quiche Sliced Parsley Carrots	Honey Garlic Shrimp Tossed Salad w/Dressing Rice Pilaf Dinner Roll/Bread Vanilla Ice Cream Smothered Steak Winter Vegetable Blend Mashed Potatoes	Sloppy Joe on a Bun Country Vegetable Blend French Fries Double Chocolate Brownie Breaded Chicken on a Bun Parsley Cauliflower Buttered Noodles	
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Grilled Two Cheese Sandwich Creamy Cucumber & Onion Salad French Fries Tomato Soup Chilled Pears Hamburger Steak Capri Vegetable Blend Buttered Rice Dinner Roll/Bread	Butter Crumb Tilapia Fillet Green Peas Baked Potato Dinner Roll/Bread Blondie Glazed Baked Pork Chop Sliced Carrots Parsley Rice	Rancher's Chicken Thigh Country Style Tomatoes Oven Browned Potatoes Cornbread Peanut Butter Cookie Thin Crust Cheese Pizza Parsley Cauliflower	Baked Ziti w/Meatsauce Steamed Broccoli Florets w/Lemon Italian Herbed Dinner Roll Tropical Fruit Salad Egg Salad Sandwich Green Pea Salad Potato Chips	Philly Cheesesteak Sandwich Marinated Mixed Vegetable Salad French Fries Pineapple Tidbits Chicken Tenders Seasoned Whole Kernel Corn (veg) Buttered Rice Dinner Roll/Bread	Cheese Ravioli w/Marinara Sauce Seasoned Green Beans Garlic Bread Mandarin Oranges Turkey Burger on a Bun Seasoned Beets Tater Tots	Kielbasa Sausage Braised Cabbage Brown Sugar Baked Beans Dinner Roll/Bread Maple Apple Crisp Breaded Fish on a Bun Sliced Carrots Potato Wedges	

Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast Baked Cheese Omelet Toast	Breakfast Apple Cinnamon French Toast Bake Bacon	Breakfast Scrambled Eggs w/Cheese Toast	Breakfast Biscuit Hashbrown	Breakfast Scrambled Eggs Glazed Cinnamon Roll	Breakfast Egg & Cheese Bake Toast	Breakfast Buttermilk Pancakes Sausage Patty
Lunch Chicken Parmesan w/ Florets Dinner Roll/Bread Chilled Peach Parfait Meatballs w/Gravy Seasoned Beets Mashed Potatoes	Lunch Breaded Fish on a Bun Seasoned Green Beans Potato Wedges Chocolate Cake w/ Peanut Butter Frosting Marinated Chicken Thigh Sauteed Spinach Rice Pilaf Dinner Roll/Bread	Lunch Encrusted Pork Loin Roasted Brussels Sprouts Au Gratin Potatoes Dinner Roll/Bread Butterscotch Pudding Parfait Vegetable Quiche Seasoned Green Peas	Lunch Braised Beef Round Roast Honey Roasted Carrots Garlic Roasted Red Skin Potatoes Dinner Roll/Bread Brown Sugar Glazed Angel Food Cake BBQ Chicken Breast Broccoli Florets Parsley Noodles	Lunch Thin Crust Cheese Pizza Tossed Salad w/Dressing Garlic Bread Fruit Cocktail Turkey Burger on a Bun Roasted Brussels Sprouts Tater Tots	Lunch Baked Tilapia Florentine Tomatoes Delmonico Rice Pilaf Dinner Roll/Bread Dutch Apple Pie w/Crumb Topping Baked Macaroni & Cheese Capri Vegetable Blend	Lunch Chicken Bolognese Sauce w/ Herbed Green Beans Dinner Roll/Bread Chocolate Ice Cream Hamburger Steak w/Grilled Onions Spinach Mashed Potatoes
Dinner Grilled Ham & Cheese Sandwich Creamy Coleslaw Tater Tots Chocolate Chip Cookie Smothered Turkey Patty Green Peas Buttered Noodles Dinner Roll/Bread	Dinner Salisbury Steak Sliced Glazed Carrots Seasoned Rice Dinner Roll/Bread Pineapple Tidbits Garlic Baked Pork Chop Whole Kernel Corn (veg) Mashed Potatoes	Dinner Cheese Lasagna Parmesan & Herb Roasted Cauliflower Italian Herbed Dinner Roll Deluxe Fruit Salad Breaded Chicken on a Bun Creamy Cucumber & Onion Salad Oven Browned Potatoes	Dinner Shredded Pork on a Bun Braised Cabbage French Fries Sliced Peas Cheese Ravioli w/Marinara Sauce Capri Vegetable Blend Dinner Roll/Bread	Dinner Chicken Tenders Winter Vegetable Blend Macaroni & Cheese Dinner Roll/Bread Snickerdoodle Cookie Smothered Steak Whole Kernel Corn (veg) Oven Browned Potatoes	Dinner Homestyle Meatloaf w/Ketchup Glaze Peas & Carrots Mashed Potatoes Dinner Roll/Bread Peach Crisp Sage Herbed Pork Chop Seasoned Beets Herbed Rice Potatoes	Dinner Hot Dog on a Bun Confetti Coleslaw Tropical Fruit Salad Tuna Melt Sandwich Parsley Cauliflower French Fries